

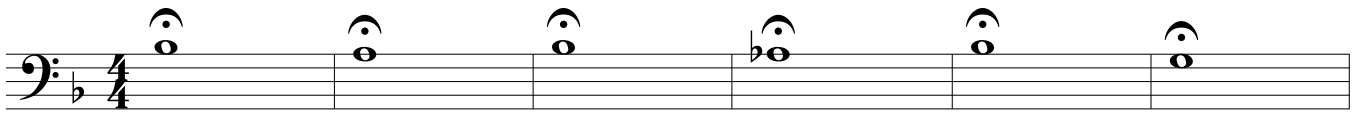
WARM UP

Part One

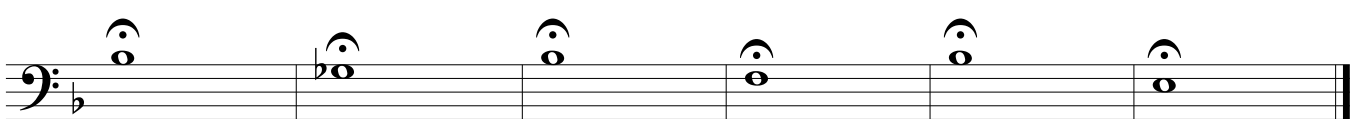
TOBY OFT

LONG TONES: Make the most beautiful sound you possibly can and hold that full easy tone steady for one full breath. These exercises are simply written to be played one note per breath alternating positions 1st, 2nd, 1st, 3rd, 1st, 4th . . . etc. Be sure to play the final notes of the exercise in 6th and 7th positions and always play with a vocal sound rather than a forced or athletic forte.

①




f



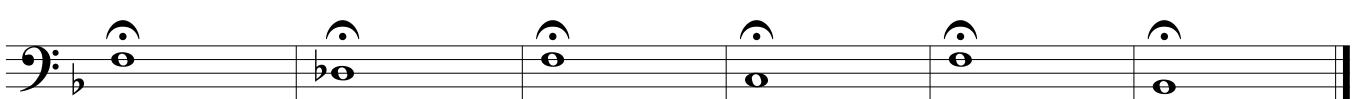
Exercise 1 consists of two staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The first staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb2 (2nd position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The second staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The dynamic marking *f* is placed below the first measure of the first staff.

Rest 30 seconds to 1 minute

②




f




Exercise 2 consists of two staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The first staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb2 (2nd position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The second staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The dynamic marking *f* is placed below the first measure of the first staff.

Rest 30 seconds to 1 minute

③



f



Exercise 3 consists of two staves of music in bass clef, 4/4 time, with a key signature of one flat (Bb). The first staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb2 (2nd position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The second staff contains six measures of music, each with a half note and a fermata. The notes are: Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), Bb3 (1st position), Bb2 (1st position), and Bb2 (2nd position). The dynamic marking *f* is placed below the first measure of the first staff.

LIP SLURS: Always buzz the lip slur before playing to ensure you are on the correct pitch and generating a clear easy sound on the mouthpiece similar to if not with exactly the tone quality that you would hum the exercise. Be careful not to squeeze the embouchure and thereby choke the sound between partials. Strive instead for as easy a transition as possible from one note to the next.

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Musical staff 1: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' below it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 2: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' below it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 3: Bass clef, key signature of one sharp (F#). Four groups of eighth-note triplets are shown, each with a '3' below it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 4: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' below it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 5: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' above it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 6: Bass clef, key signature of one sharp (F#). Four groups of eighth-note triplets are shown, each with a '3' above it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 7: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' above it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 8: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' above it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a whole note.

Musical staff 9: Bass clef, key signature of one flat (Bb). Four groups of eighth-note triplets are shown, each with a '3' above it. A slur covers the first four groups. The fifth group is a single eighth note. The staff ends with a double bar line.

3

4

First musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Second musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Third musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Fourth musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Fifth musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

5

Sixth musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Seventh musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Eighth musical staff in bass clef with a key signature of one flat. It features a melodic line with a slur over the first six measures, followed by a dotted half note and a quarter rest.

Musical staff 1: Bass clef, one flat key signature. Eighth-note scale with slurs.

Musical staff 2: Bass clef, one flat key signature. Eighth-note scale with slurs.

Musical staff 3: Bass clef, one flat key signature. Eighth-note scale with slurs.

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Musical staff 4: Bass clef, one flat key signature. Eighth-note scale with slurs and fingering (7, 6, 7, 6).

Musical staff 5: Bass clef, one flat key signature. Eighth-note scale with slurs and fingering (7, 6, 7, 6, 7).

Musical staff 6: Bass clef, one flat key signature. Eighth-note scale with slurs and fingering (6, 5, 6, 5).

Musical staff 7: Bass clef, one flat key signature. Eighth-note scale with slurs and fingering (6, 5, 6, 5, 6).