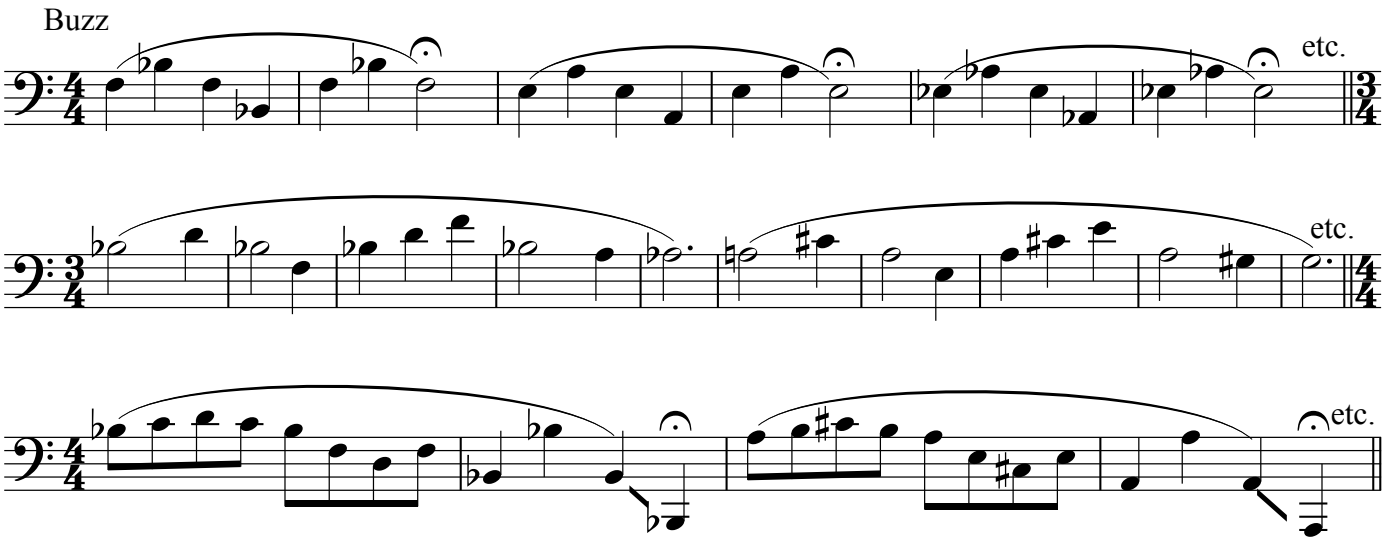
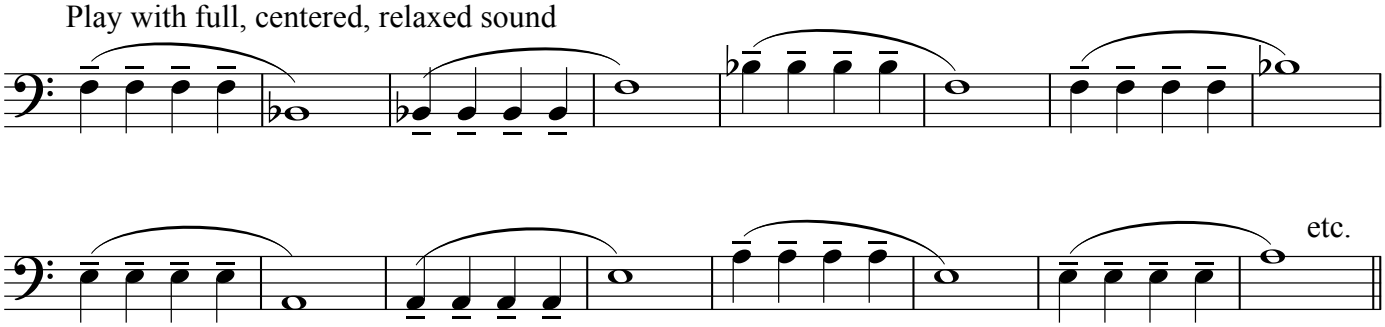
Ellefson Warm-Up #3 2006

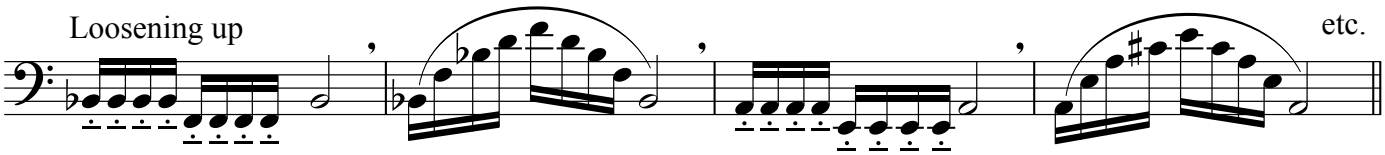


Set metronome to 72 until page 3

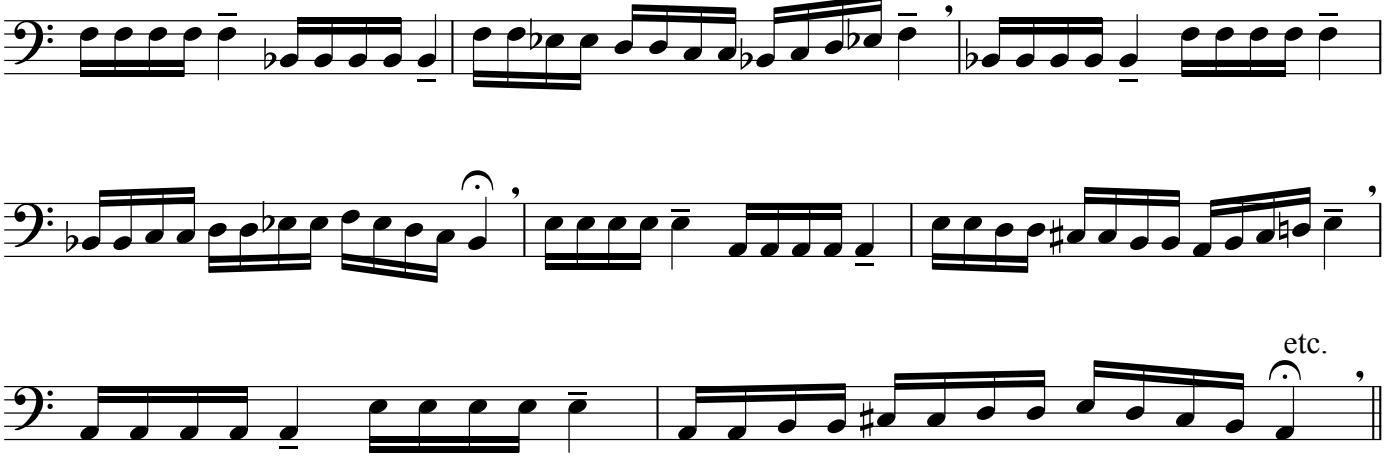
Play with full, centered, relaxed sound



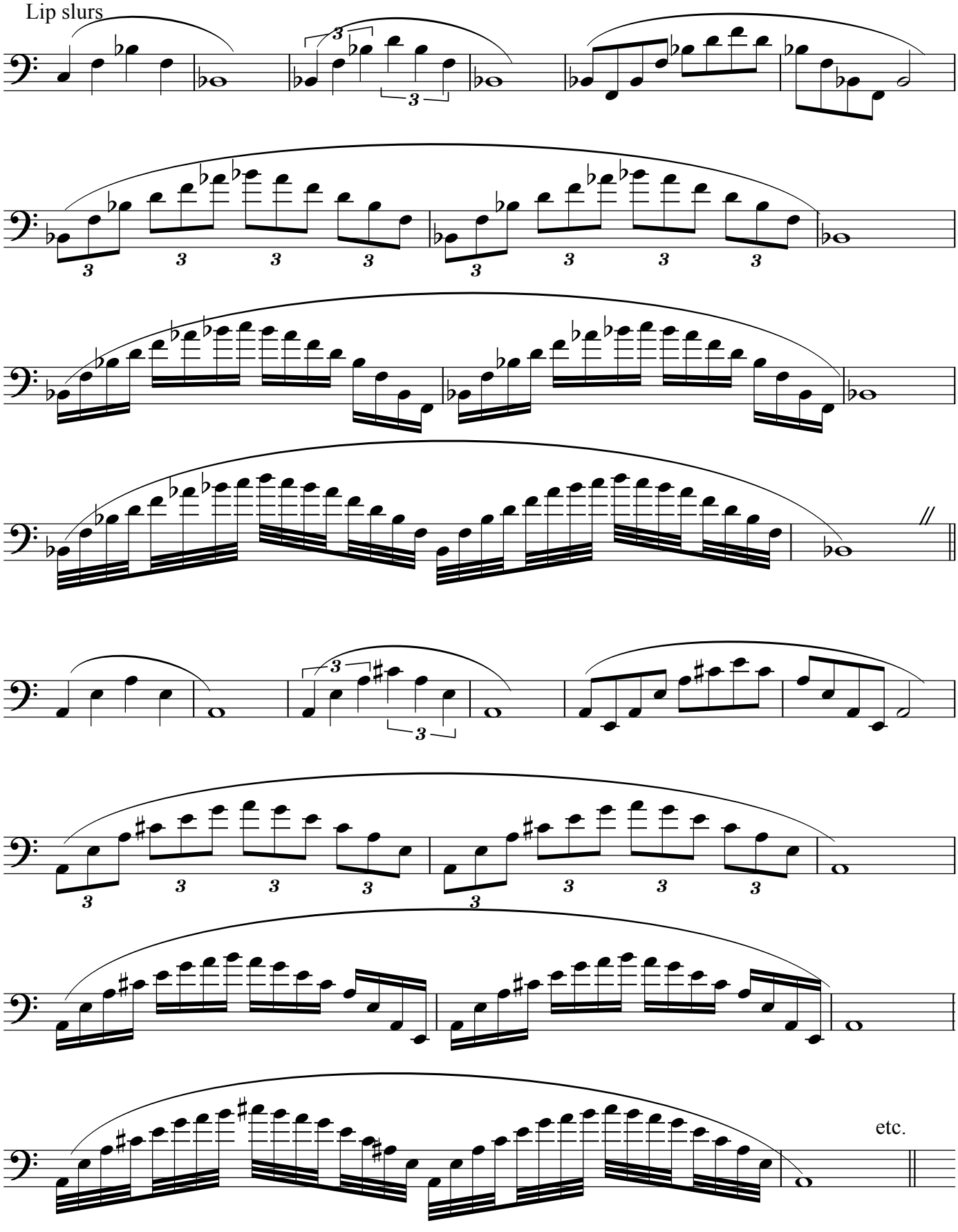
Loosening up



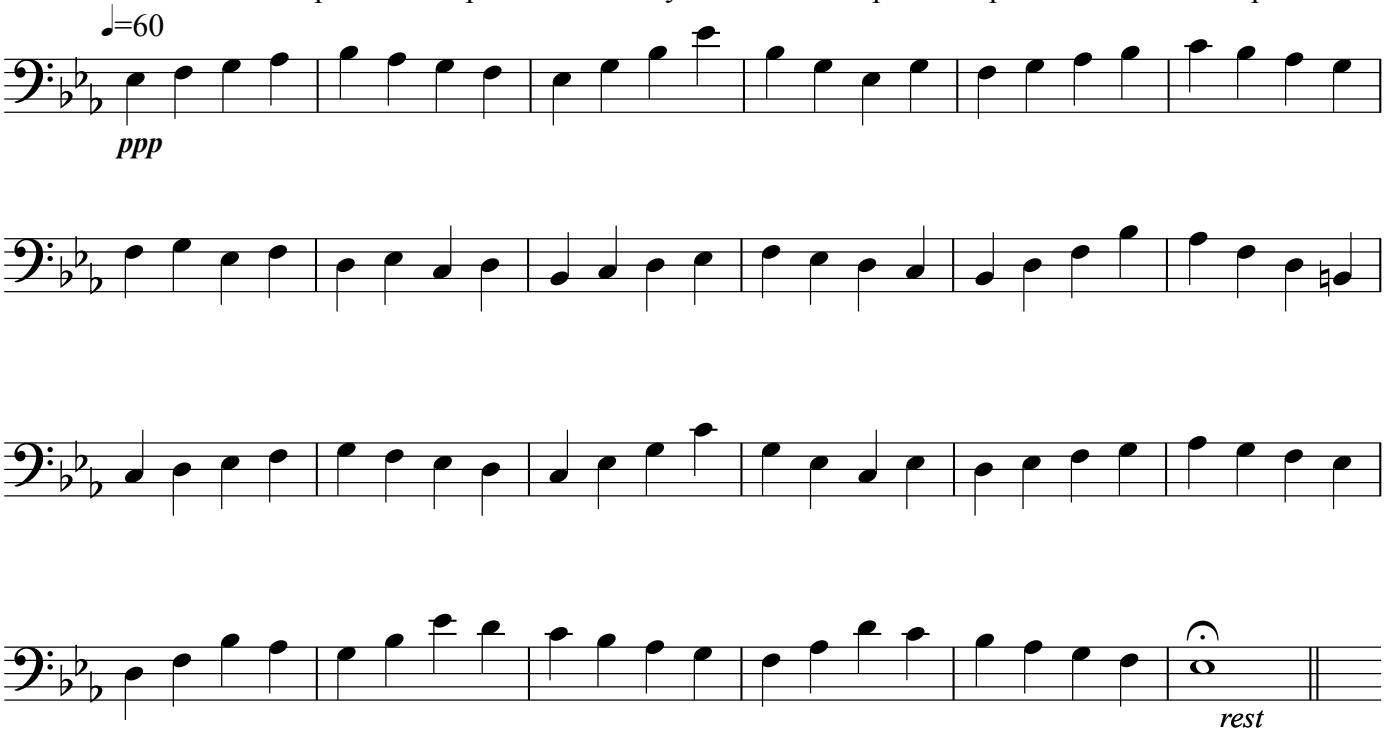
Clear articulation, precise intonation (also do in minor mode)



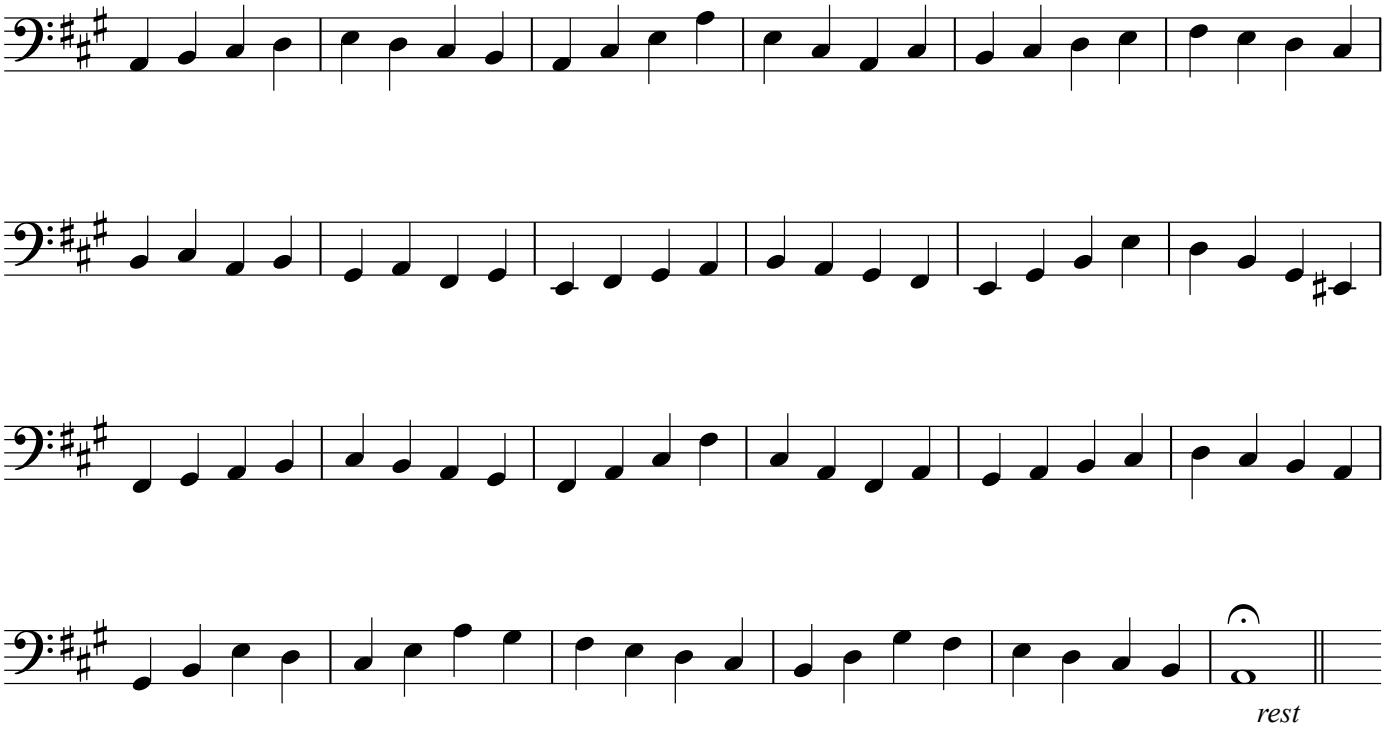
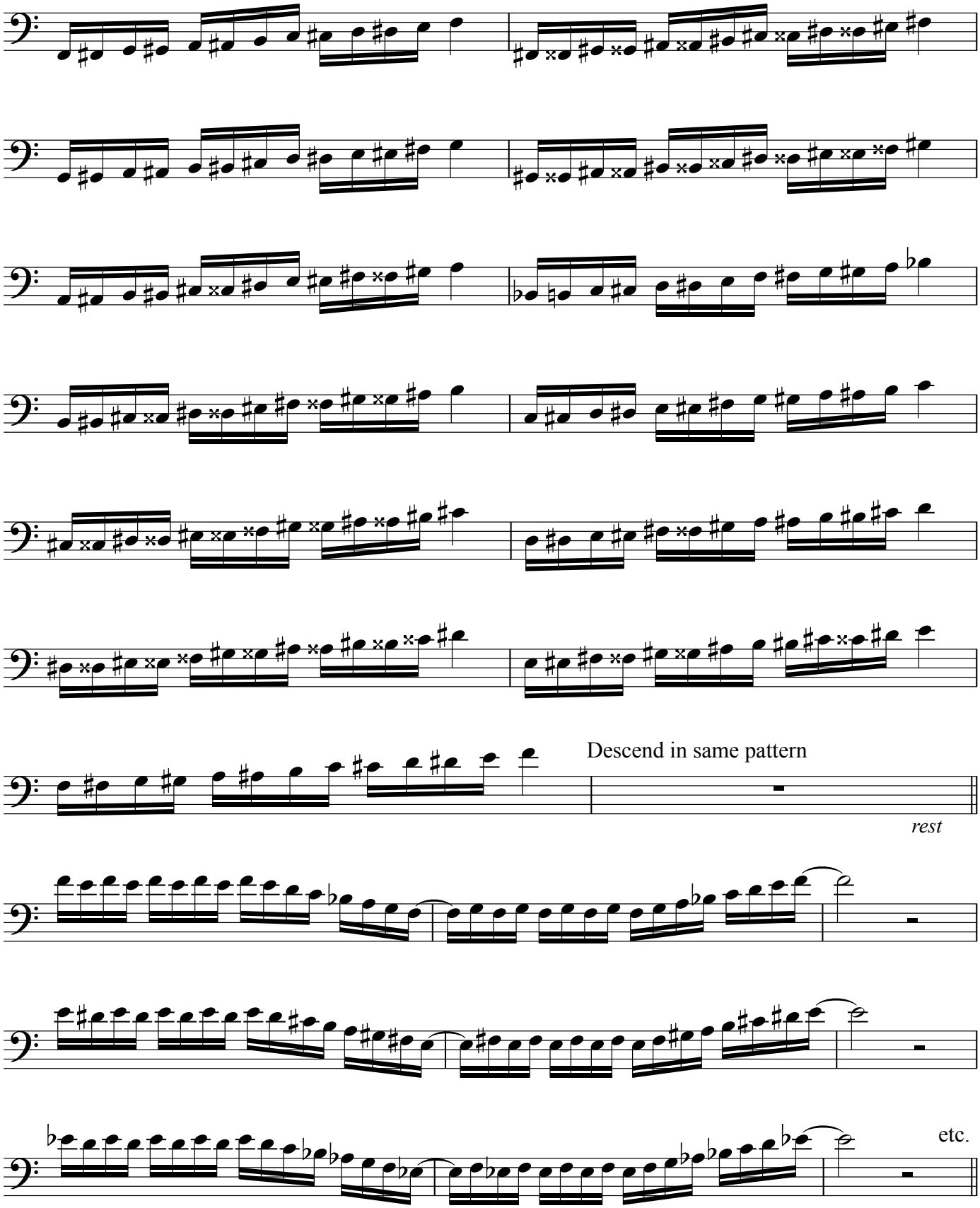
V.S.


Lip slurs
etc.

Many trombonists struggle with playing softly. My IU colleague, Dee Stewart, points out that in his long career, he has never known anyone who has lost their job due to not being able to play loudly enough, but has known plenty who have been let go because they couldn't play softly enough. Just like any other key fundamental, daily practice will improve ones *pianissimo* reliability.Play this Arban study as *softly as possible*, beginning with any mid-range pitch. Don't always play the written keys. Choose the articulation, and tempo prior to beginning the study but vary the style each day. Buzz the muthpiece if "no-speakums" or "stickies" occur. Keep the air ample and intense yet relaxed. Keep the chops relaxed and don't pinch.



Repeat a tritone away (either above or below)



Play the following scale exercises with a relaxed, precise slide. Pay close attention to achieve accurate intonation. Apply various tempos and articulations but above all keep it sounding FREE and EASY!